



**Chairman's Letter**

I would like to take this opportunity to thank Linda, Victoria and Susan for all their hard work in producing a terrific Showcase and Luncheon. I have spoken to many of our members and attendees and they all agree this was our best yet. A lot of work, planning and organization goes into this event and Linda, Victoria and Susan did a fabulous job. Please thank them when you see them.

I would like to thank our guest speaker Mindie Burgoyne from Maryland Department of Business and Economic Development. Her presentation was very inspiring and just shows with a lot of hard work and persistence, one can overcome anything and be successful.

Congratulations to all of our Business Showcase winners. Each was very deserving and I think they were all surprised. Our Volunteer of the Year was Eileen Nonemaker of Paradigm Associates who has provided our county with an invaluable service and commitment to our students who will some day become our counties next business leaders.

Our excellence in Agriculture Award recipient was Donna Landis Smith from QA County Economic Development, Agriculture and Tourism. She has been vital in helping preserve many acres of agricultural land and probably knows the agricultural community better than anyone in the county. She has literally walked just about every farm in the county.

Our Entrepreneur of the Year award was given to Casey and Jason Palmer from Palmers Plumbing. They are a young couple who have done an excellent job marketing their business through the Chamber and are growing leaps and bounds through hard work and excellent service. They have even saved "batman from the evil clutches of captain drano."

Our Public Servant Award was given to Sandra Early from Sandra's Office Support. She has supported and volunteered for practically every non-profit organization within the county including The United Way, Kent Island Volunteer Fire Department and many others.

Our Business Leader of the Year was awarded to Bill Stoops of CNB. Bill is well respected throughout the Queen Anne's County business community. He is a past chairman of the Chamber, has chaired our golf tourney for many years and currently serves on the county Economic Development Commission, and the housing board.

I would also like to recognize the chambers Membership Committee. Casey Palmer, Lisa McCarthy, Cheryl McPherson, Eileen Nonemaker, Jeanne Kent, Anne Cassidy and Frank Divillio. They have been instrumental this year in bringing in new chamber members and have done an outstanding job. I would like to also mention that Jeanne Kent was given a special award for bringing in the most new members. Thanks again for all your hard work.

Finally, I would like to thank all of our Showcase and Luncheon sponsors. Thanks to The Update, QA Economic Development Commission, Chesapeake Publishing, Chesapeake Bay Beach Club, Advanced Pain Management, Anne Arundel Medical Center, PNC Bank, 314 Design Studio, Mcrone, Corsica Technologies, Shore Health Systems, Shore Accountants, Department of Labor License and Regulations and State Farm Insurance-Frank Divillio. Their partnership with the chamber to support the event is invaluable.

Please do not forget to attend the annual Harvest Breakfast on Friday November 12th. It is a wonderful breakfast provided by our local farmers.

Thought for the Month: Ability is what you are capable of doing, motivation determines what you do and attitude determines how well you do it.

David Metrinko, Chairman



**2010**

***Excellence In Business  
Award Winners***

**Business Leader of the Year  
Bill Stoops of CNB**

**Public Servant Award  
Sandra Early  
of Sandra's Office Support**

**Entrepreneur of the Year  
Casey & Jason Palmer  
of Palmer's Plumbing**

**Excellence in Agriculture  
Donna Landis Smith of QAC EDAT**

**Volunteer of the Year  
Eileen Nonemaker  
of Paradigm Associates**

***Congratulations!***



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# 21ST ANNUAL HARVEST BREAKFAST

Friday, November 12th, 2010  
 Queen Anne's County 4-H Park,  
 Centreville

\$7 per person  
 cash only payable at the door

This is a cooperative venture of the University of Maryland Extension, County businesses, the Community and the Chamber of Commerce.  
 Guest speaker to be announced.

For more information  
 call (410)758-0166  
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**BLOOD BANK  
TO HOLD FIRST COMMUNITY DRAW  
IN GRASONVILLE**

Blood Bank of Delmarva is hosting Grasonville's first community blood drive on Tuesday, November 30 from 1pm - 6pm at the Immanuel United Methodist Church (102 Schoolhouse Lane). This is a new location added to the 29 established mobile locations in towns and cities throughout Delmarva (the last location to be added was Claymont, DE two years ago). For a complete list, visit [www.delmarvablood.org](http://www.delmarvablood.org).

"Although we have monthly blood drives in Easton and Centreville, we want to make blood donation as convenient as possible for those who live between those towns," said Carrie Aiken, spokesperson for Blood Bank of Delmarva. "The plan is to hold quarterly blood drives in Grasonville. By establishing this new mobile location, many residents in Queen Anne's County will be able to donate blood close to where they live or work."

Blood Bank of Delmarva collects, tests, processes, and delivers blood to the 16 hospitals on the Eastern Shore of Maryland and in Delaware.

**MAKE AN APPOINTMENT**

Appointments to give blood at the drive are strongly encouraged, but walk-ins will be taken as time allows. For an appointment or become a Blood Bank member, call 1 888 8-BLOOD-8.

Individuals who are 17 years of age or older, weigh at least 110 pounds, are in general good health, and have had no tattoos or body piercings within the past 12 months meet the minimum requirements to give blood.

**About Blood Bank of Delmarva**

Blood Bank of Delmarva is a non-profit, community service program that provides blood for the 16 hospitals in Delaware and on Maryland's Eastern Shore. More than 350 blood donors are needed every day to meet the needs of patients at those hospitals. For more information about the Blood Bank or to request an appointment to give blood, visit [www.delmarvablood.org](http://www.delmarvablood.org) or call 1 888 8-BLOOD-8.



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Thank you sponsors for your commitment to the chamber's body of work!

For sponsorship opportunities and information please call the chamber office at 410-643-8530.



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## Queen Anne's Emergency Center Now Open

Thunder storms, tornado warnings and hurricane force winds did not keep people away from the Queen Anne's Emergency Center dedication on Thursday, September 30. More than 200 guests filled the reception area to celebrate a new era in health care for Queen Anne's County and surrounding communities.

The Queen Anne's Emergency Center is located at 115 Shoreway Drive off of US Rt. 50 and Nesbit Road in Queenstown. The dedication hosted by Shore Health System, which operates the Queen Anne's Emergency Center, was an opportunity to thank the many people who have been working together for several years to bring this level of emergency care to Queen Anne's County. The Queen Anne's Emergency Center began as a partnership between Queen Anne's County government, the University of Maryland Medical System and Shore Health System. Elected officials from state and federal government joined the cause by sponsoring legislation and funding that made it possible to build one of only three freestanding emergency centers in Maryland and the only one in a rural area.

John Dillon, chair of the Shore Health System board of directors, told the assembled guests, "Opening the Queen Anne's Emergency Center is a monumental milestone in our strategic plan to provide quality health care, improve existing services and bring new services to the people of Maryland's Eastern Shore."

Introducing Mary Alice Vanhoy, MSN, RN, nurse manager for the emergency center, Shore Health System President and CEO Joseph P. Ross said, "Every organization is a reflection of its leadership. This facility needs heart and soul as it matures. With decades of experience in emergency medicine, Mary Alice Vanhoy is the heart and soul of the Queen Anne's Emergency Center."

Vanhoy told the guests, "This place went from a sunflower field to an emergency center in one year. We don't know who is going to walk in those doors but we are ready for whoever comes."

The large red EMERGENCY signs over the entrance to the Queen Anne's Emergency Center were lit at 7:00 a.m. on Monday, October 4. The lights will stay on 24 hours a day. Every day of the year, physicians, nurses, imaging and laboratory technologists are available to treat patients with acute illnesses, injuries and trauma as well as minor injuries.

The Queen Anne's Emergency Center consists of approximately 16,000 square feet of space with 13 treatment rooms and onsite diagnostic imaging and laboratory services. The facility is equipped with four ambulance bays. A helipad located on site is available for helicopters operated by Maryland State Police and other emergency medical services organizations that will transport patients from the Queen Anne's Emergency Center to a hospital when patients need this level of care.

For more information about the Queen Anne's Emergency Center, visit [ERforQA.org](http://ERforQA.org).

Pictured Top Right: Jane Wang, MD, (seated, black dress, second row), medical director of the Queen Anne's Emergency Center, celebrates months of training and preparation for the October 4 grand opening with nurses, imaging technologists, medical laboratory technologists, patient registration representatives and housekeeping staff.

At Right: Jane Wang (center), MD, medical director for the Queen Anne's Emergency Center, addressed the more than 200 guests who braved the weather for the center's dedication on September 30. Pictured with Dr. Wang are the emergency center's Nurse Manager Mary Alice Vanhoy, MSN, RN, and Shore Health System President and CEO Joe Ross.





## Fall is the perfect time to explore the local countryside....

Take a scenic tour to see the colors of fall, follow the Chesapeake Wine Trail for a taste of the Shore or use the Antique Trail Guide to buy your own piece of history. For a complete list of events visit [www.discoverqueenannes.com](http://www.discoverqueenannes.com)

### November 3 to December 23

#### Exhibit: Winter Reflections • Kent Island Federation of Arts, Stevensville

Seasonal Artwork- Open to all artists- all media welcome- Contact Kent Island Federation of Arts (KIFA) for entry details. Reception will be November 6, 3:00 pm to 5:00pm. For more information call (410)643-7424, visit: [www.kifa.us](http://www.kifa.us)

### November 5

#### Harvest Brewfest • Kent Island Volunteer Fire Department, Chester

Enjoy microbrews paired with cuisine from local restaurants/caterers! Proceeds to benefit the KIVFD building fund. For more info call (410)643-6288, email: [sandra.early@verizon.net](mailto:sandra.early@verizon.net)

### November 5-30

#### Artist's From China Exhibit • QAC Arts Council, Centreville

Eight artists from Suzhou in the Jiangsu province of China bring exquisite works of art to the Centre for the Arts. This international exhibit features award winning artists and several mediums including block print, watercolor and calligraphy. The exhibit is made possible through the Eastern Shore Sister County International Council. For more information call (410)758-2520, email: [exhibit@arts4u.info](mailto:exhibit@arts4u.info) or visit: [www.arts4u.info](http://www.arts4u.info)

### November 6

#### 47th Annual Old Wye Parish Christmas Bazaar • Old Wye Church, Wye Mills

Begin your Christmas preparations at our 47th Annual Bazaar featuring a Christmas Cottage filled with handmade gifts and decorations, a Boutique, a Lavender shop, a Jewelry Box, a Sweet Shop, a Tool Shed, Attic Treasures and a Silent Auction "Under the Tree". There will be home-cooked foods and tours of our historic 1721 Church throughout the day. For more information call (410)919-7432, email: [wyeparish@toad.net](mailto:wyeparish@toad.net)

### November 12

#### Harvest Breakfast • Queen Anne's County 4-H Park, Centreville

21st Annual Harvest Breakfast- This is a cooperative venture of the University of Maryland Extension, County businesses, the Community and the Chamber of Commerce. Guest speaker to be announced. For more information call (410)758-0166, email: [sshorter@umd.edu](mailto:sshorter@umd.edu)

### November 17 - 30

#### Holiday Boutique • Kent Island Federation of Arts, Stevensville

The perfect gift opportunity for your holiday shopping! Original artwork, jewelry, crafts and more- unique, one-of-a-kind items, available close to home. For more information call (410)643-7424, email: [kifa@verizon.net](mailto:kifa@verizon.net) or visit: [www.kifa.us](http://www.kifa.us)



Upper Shore SCORE® Announces the next in the series of  
BREAKFAST BUSINESS WORKSHOPS:

## Franchising: Is it Right for You?

Featuring ~~Error! Reference source not found.~~ of FranNet, a regional consultant on franchising opportunities.

Would you like to start a business? FranNet has been helping entrepreneurs find the best business opportunities since 1987. Find out which business franchise is best for you! Whether you are ready to buy a franchise or just want free expert assistance reviewing franchise opportunities and general business startup assistance, plan to attend this workshop.

**When:** Thursday November 18. 8:30 am – 10:30 am.

**Where:** QA County Commissioner's Hearing Room on the second floor of the county administration building at the corner of Liberty St (Rt. 213 South) and Broadway in Centreville, Maryland.

Pastries and coffee will be provided. There is no charge to attend the workshop. To register, call SCORE at (410) 810 2969 or register online at [www.kentchamber.org](http://www.kentchamber.org).

The SCORE workshop series is co-sponsored by the Chambers of Commerce of Kent and Queen Anne's Counties, the Kent County Department of Tourism and Economic Development, and the Queen Anne's County Department of Economic Development, Agriculture and Tourism.

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**Upper Shore Career Centers**  
**The "Emergency Room" of the Great Recession**

Any individual who loses his/her job or has received notice that he/she will lose his/her job as part of a facility closure or layoff is considered a "dislocated worker." Title I of the Federal Workforce Investment Act (WIA) extends a wide range of services to dislocated workers.

In Maryland, there is an extensive network of service providers in place to assist dislocated workers during their transition. The Upper Shore Career Centers are the focal point for workers seeking employment and are the local entry points of the Maryland network.

The WIA Dislocated Worker legislation recommends early intervention on behalf of the worker. In an ideal situation, service provision is initiated before the employee's last day of work. Orientation sessions are held on-site to inform workers of the range of services and where, when, and how to access those services. The successful transition usually finds the worker taking prompt advantage of these services, often relying on the unemployment insurance system for financial support while receiving program services.

Under WIA, services are provided through three components of Core, Intensive, and Training. Core services are made available to all job seekers through universal access to the Career Centers' services.

**Core Services**

Most core services are focused through the self-service operation of the Career Centers. The core service component provides tools to assist the job seeker to make an effective job search.

**~ Core Services ~**

- Eligibility Determination
- Outreach/Intake
- Assessment
- Career Training Information
- Job Search/Placement
- Career Counseling
- Labor Market Information

**Intensive Services**

Intensive services are provided through direct interaction with Career Center staff. The intensive services tier is geared

to provide more in-depth job search and career management assistance to eligible adults and dislocated workers.

**~ Intensive Services ~**

- Comprehensive & Specialized Assessment
- Diagnostic Testing
- Employment Barrier Evaluation
- Individual Employment Planning & Counseling
- Career Planning
- Case Management
- Pre-vocational services
- Educational Remediation

**Training Services**

Training services are provided through a cooperative planning process between eligible customers and Career Center staff. Eligible adults and dislocated workers needing training services will have access to training provider information for making an informed training choice. Certificate programs approved through individual training accounts are the largest segment of training services.

**~ Training Services ~**

- Occupational Skills
- Upgrade Skills Training
- Entrepreneurial Training
- Job Readiness Training

Upper Shore Career Center locations and hours of operation:

The Caroline County Career Center is open Mondays, Wednesdays and Thursdays 8:30 am to 4:00 pm.

Caroline County Career Center  
P.O. Box 400, 300 Market Street, Suite 201,  
Denton, Maryland 21629  
Telephone: (410) 819-4549  
Fax: (410) 819-4503  
A One-Stop Partner  
denton@dllr.state.md.us

The Dorchester County Career Center is open Monday - Friday from 8:00 am to 4:00 pm.

Dorchester County Career Center  
627-A Race Street  
Cambridge, Maryland 21613  
Telephone: (410) 901-4250  
Fax: (410) 221-1817

A One-Stop Partner  
cambridge@dllr.state.md.us

The Kent County Career Center is open Monday, Tuesday, Wednesday and Friday from 8:00 am to 4:00 pm. Thursday the office is open from 8:00 am to 3:00 pm.

Kent County Career Center  
Shared Opportunity, Inc.  
601 High Street  
Chestertown, MD 21620  
Telephone: (410) 778-3525 and 410-758-1998  
1998 Queen Anne's County residents  
Fax: (410) 778-3527  
TTY Number: 410-778-3257  
Parking - Limited, Fee - No  
A One-Stop Partner  
chestertown@dllr.state.md.us

The Queen Anne's County Career Center is open Tuesdays and Wednesdays from 8:30 am to 4:30 pm.

Queen Anne's County Career Center  
125 Comet Drive  
Centreville, MD 21617  
Telephone: (410) 758-8044  
Fax: 410-820-9966  
Open on Tuesdays and Wednesdays Only  
A One-Stop Partner  
queenannes@dllr.state.md.us

The Talbot County Career Center is open weekdays 8:00 am to 4:00 pm.

Talbot County Career Center  
301 Bay Street, Suite 301  
Easton, Maryland 21601  
Telephone: (410) 822-3030  
Fax: (410) 820-9966  
TTY Number 410-819-3610  
A One-Stop Partner  
easton@dllr.state.md.us

# Rx Round-Up

**NOVEMBER: SAT. 13<sup>TH</sup>, TUES. 16<sup>TH</sup> & THURS 18<sup>TH</sup>  
ARE THE DAYS TO GET RID OF YOUR STASH!**



## Collection Sites:

**Sudlersville Fire Dept.  
Sat. Nov. 13<sup>th</sup> 3-5 p.m.**

**Centreville Goodwill Fire Dept.  
Tues. Nov. 16<sup>th</sup> 12-2 p.m.**

**Kent Island Fire Dept.  
Thurs. Nov. 18<sup>th</sup> 4-7 p.m.**

**IT'S TIME TO GET RID OF YOUR UNUSED & EXPIRED MEDICINE. SAVE  
THE ENVIRONMENT AND PROTECT OUR CHILDREN BY DISPOSING OF  
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Queen Anne's County Sheriff's Office  
Maryland State Police, Centreville Barracks



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## Second Life Saving Device Donated To Park

Families who frequent Route 18 Park will be happy to know there is now an Automated External Defibrillator, or AED, available for emergencies. This is the second in a series of donations initiated by the Groff family of Kent Island after the sudden death of their 12-year old niece two years ago.

The first AED was donated in December 2009 to the Department of Parks and Recreation and is at Old Love Point Park in Stevensville. It was purchased by the Groffs in memory of Taylor Waltman, their niece who died just before her 13th birthday after collapsing during a soccer practice. Taylor suffered from a heart condition called hypertrophic cardiomyopathy where the heart muscle becomes abnormally thick, making it harder to pump blood.

Becky Groff said there was no AED on the soccer field in Anne Arundel County where Taylor collapsed nor were there any on the playing fields in Queen Anne's County. The family will never know if having an AED would have made a difference for Taylor, she said, but it may help someone at either Old Love Point Park or Route 18 Park.

Groff worked with the county Department of Emergency Services and Emergency Medical Services Chief Scott Haas in purchasing the correct device. Queen Anne's County EMS has dispatcher assisted CPR and defibrillation so callers can administer these life saving techniques until EMS personnel arrive. Queen Anne's County has over 25 recreation areas used by thousands of kids and adults, including active and passive parks, trails and a golf course.

"Taylor's heart condition is not common but heart failure is and having an AED where kids and adults gather keeps our county parks better prepared and safer for everyone," she said.

The Groff family purchased the AED at Old Love Point Park and proceeds from the Chesapeake Bay Wine Festival were used to purchase the second device. Groff is co-owner of Inspired Events, the event planning firm which coordinates the annual event at Terrapin Park. Groff said she hopes to continue to use the proceeds from the firm's events to purchase more devices in order to have one at every county park.



## How to Choose a Financial Advisor

Choosing a financial advisor is a process that must be conducted with the utmost care and only after meticulous planning. After all, this will be the person managing your life's savings, your retirement portfolio, or your children's college money. While referrals from trusted friends or loved ones are usually one of the safest ways to find a good advisor, that path might not be available to everyone. Those looking for a financial advisor might want to follow the steps below.

First of all, beware of investment gurus who promise that by using their "secret method" you will be able to beat the market by some ludicrous amount. If it sounds too good to be true, it probably is. Look for reliable credentials, such as the Certified Financial Planner (CFP), Chartered Financial Analyst (CFA), or Chartered Financial Consultant (ChFC) designations. These certifications require passing a series of exams and a certain number of years of experience in the financial field. A Registered Investment Advisor (RIA) must file Form ADV with their state or the Securities and Exchange Commission—ask to see it. It will show the planner's professional history and any legal problems their practice has had.

Once you ensure an advisor's legitimacy, you can start the interviewing process. The National Association of Personal Financial Advisors' Web site has an excellent questionnaire called "The Comprehensive Financial Advisor Diagnostic" that you can use to interview potential planners. Ask about track record, past performance and experience, fees, and commissions.

Also, ask the financial professional what type of clients he or she sees most often to determine if the other clients' financial situations are similar to yours. You can ask to speak with some of these clients as well—are they satisfied with the way the advisor handles their finances? Your financial advisor will have to be someone you can trust and whose skills are a good fit for your financial needs.

*Triton Wealth Management, LLC is an independent fee-only financial planning and investment management firm located in Chester, MD. As fee-only advisors we are able to offer an unbiased approach to investing because we have no proprietary products to sell. We offer Chamber members a no-cost and no-obligation review of their existing portfolio. Please contact Wayne Zussman, CFP(r) or Karen Baer at 410-202-2110 or info@tritonwm.com to schedule a convenient time to meet with us. Please visit our website for more information www.TritonWM.com.*



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## Do You Have What It Takes To Help Me

Interested in guiding boys and girls in making positive choices in their lives? Want to give a little time and get a lot in return? We are looking for caring and supportive adults to be a part of a community mentoring program for students in Grades 6–10 (middle, high school and the alternative school).

Make a difference for our at-risk youth. Mentoring helps youth to make better decisions that affect their lives. Mentoring empowers youth to fulfill their dreams.

**Do You Have What It Takes?**

Then call



**Jacki Carter @410-758-6677**

**([jcarter@qac.org](mailto:jcarter@qac.org))**



*A Community Partnerships for Children and Families, DMR Community Mentoring and the Queen Anne's County Public Schools*

## **Chester River Home Care & Hospice Hosts An Evening With Mary Lynn McPherson, Pharm.D.**

In celebration of National Home Care and Hospice Month, Chester River Home Care & Hospice (CRHC&H) is hosting an evening presentation of "Facts: Just the Facts!", which is about end-of-life pharmacology on Thursday, November 11 at 6:00 pm, featuring Mary Lynn McPherson, PharmD. McPherson is known nationally for her consultant services she provides to national hospice and palliative care programs, specifically focusing on pain management at end-of-life.

Cindy Bach, director of Chester River Home Care and Hospice, says "Last year's conversation with Dr. McPherson was well attended and very positively received by our community—many requested that we offer this event again. This is one speaker everyone should try to hear. She is funny, articulate and makes complex information palatable and understandable. There is so much mystery about end-of-life care." In honor of November being observed as National Home Care and Hospice Month, CRHC&H is providing the community the opportunity to learn more about their options for care regarding life limiting illness.

McPherson is a Professor at University of Maryland, School of Pharmacy. She serves as a consultant pharmacist for both local and national hospice and palliative care programs, and has designed a critical thinking process for appropriate drug use in end-of-life patients. She serves on the board of the Hospice Network of Maryland, chairing the education and outreach committee. She also serves on the board of the Maryland Pain Initiative and the advisory board of the American Society of Pain Educators. McPherson is also a recipient of various honors for her work, including the American Pharmacists Association Distinguished Achievement Award in Specialized Practice and the Maryland Pharmacists Association Innovative Practice Award. She has written three books, and many chapters and peer-reviewed articles on pain management and palliative care.

During National Home Care & Hospice Month, Chester River Home Care & Hospice is taking the opportunity to increase the knowledge and access of the residents of Kent and Queen Anne's counties to home care and hospice services. "Home care provides the bridge between illness, injury or surgery and recovery in the comfort and privacy of the patient's home," remarked Sam Ricketts, RNC, community educator.

Hospice offers pain and symptom control, dignity, and spiritual and emotional care for those facing the end-of-life and their loved ones when a cure is not possible. Individuals with a life-limiting illness or a prognosis of six months or less are eligible to receive hospice services.

The evening presentation of "Facts: Just the Facts!" is a free event and open to the public. Light refreshments will be served. For more information about home care and hospice services please call Chester River Home Care & Hospice, at (410) 778-1049 for a confidential conversation about your specific needs.

## **Character Counts! Is Searching For Additional Coaches**

The Character Counts! Program has impacted thousands of children in Queen Anne's County since its launch in November of 2000. During the 2009-2010 school year alone, 111 character coaches visited local classrooms sharing lessons about the Six Pillars of Character – Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship.

The Character Counts! Advisory Council is once again looking for volunteers willing to donate 15 minutes each week to visit a nearby classroom and discuss the importance of having good character with the students. An introductory training, as well as lesson ideas and suggestions, are provided to help coaches become a trusted and influential role model in these young lives.

There are immediate openings for weekly visits with students at Queen Anne's County High School. There is also a need for a substitute coach to fill in at Kent Island High School on the 2nd and 4th Tuesdays of each month from January through April 2011.

There are also coaching opportunities available at the Elementary and Middle School levels across the county, as well as at the Head Start Center in Grasonville.

If you have any questions or are interested in becoming a character coach, please contact the Character Counts! Coordinator, Jacki Carter, at 410-758-6677 or [jcarter@qac.org](mailto:jcarter@qac.org). QAC Character Counts! is a part of our Local Management Board, Community Partnerships for Children and Families.



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## **Hospice of Queen Anne's Thanks Steve & Biana Arentz**

Hospice of Queen Anne's would like to send out a heartfelt THANK YOU to Steve and Biana Arentz, owners of Hemingway's and Lola's in Stevensville, Maryland. On Saturday, October 23rd, they held "the last sunset" to benefit Hospice of Queen Anne's. Steve and Biana opened Hemingway's 20 years ago and have given back to the community for the entire 20 years. "We are so honored that they selected Hospice of Queen Anne's as the charity to benefit this historic event."

Hors d'oeuvres, beverages, live music by Jack Selway and D'vibe and Conga as well as a silent auction highlighted the evening's festivities. \$4,800 was raised to support Hospice of Queen Anne's which will help enormously in continuing the services they provide to the community.

"It is community involvement and the generosity of the citizens of Queen Anne's that make our work possible. When individuals like Steve and Biana step up, it makes a huge difference." said Heather Guerieri, Executive Director of Hospice of Queen Anne's. For more information, contact Hospice of Queen Anne's at 443-262-4100 or Biana Arentz [biana@hemingwaysmaryland.com](mailto:biana@hemingwaysmaryland.com)



## **Shore Health System Upcoming Events**

### **Treating Performance Anxiety with EMDR**

Thursday, November 4, 16, 6:00 pm, Center for Integrative Medicine, 607 Dutchman's Lane, Suite B, Easton. Richard Gibson, LCSW-C will discuss how Eye Movement Desensitization and Reprocessing is used to desensitize traumatic experiences at the core of performance anxiety. FREE. To register, call 410-770-9400.

### **Preventing Diabetes – It's Not Too Late**

Wednesday, November 10, 10:00 am to 11:00 am, Joslin Diabetes Center Affiliate, Memorial Hospital, 219 S. Washington Street, Easton. FREE. For more information call 410-822-1000 or 410-228-5511, ext. 5757.

### **Robin Hood Shop Christmas Showcase**

Begins Tuesday, November 16, 9:00 am to 4:00 pm, 416 High Street, Cambridge. Featuring Christmas decorations, gift items, clothing and toys. Sponsored by the Dorchester General Hospital Auxiliary.

### **Everything is \$6 Sale**

Wednesday, November 17 and Thursday, November 18, 7:00 am to 4:00 pm, Dorchester General Hospital, 300 Byrn Street, Easton. Tote bags and fashion accessories, all \$6. Sponsored by the Dorchester General Hospital Auxiliary.

### **Blood Pressure Screenings**

Every Monday through Thursday, except holidays, 9:00 am to noon, Diagnostic and Imaging Center, 10 Martin Court, Easton. FREE. Sponsored by the Memorial Hospital Auxiliary.

### **Breast Cancer Screenings**

Day and evening appointments available at Shore Regional Breast Center, Memorial Hospital, 219 S. Washington Street, Easton. Open to uninsured or under insured women, ages 20-39 and over 64 who meet income guidelines, and Medicare patients of any age. Call 410-820-9400 or 410-822-1000, ext. 5387 to schedule an appointment.



**CharacterCounts!**  
Queen Anne's County People of Character

***Be TeRRiFiCC***  
*Practice the Pillars of Character Everyday!*

***Trustworthiness, Responsibility, Respect,  
Fairness, Caring & Citizenship***

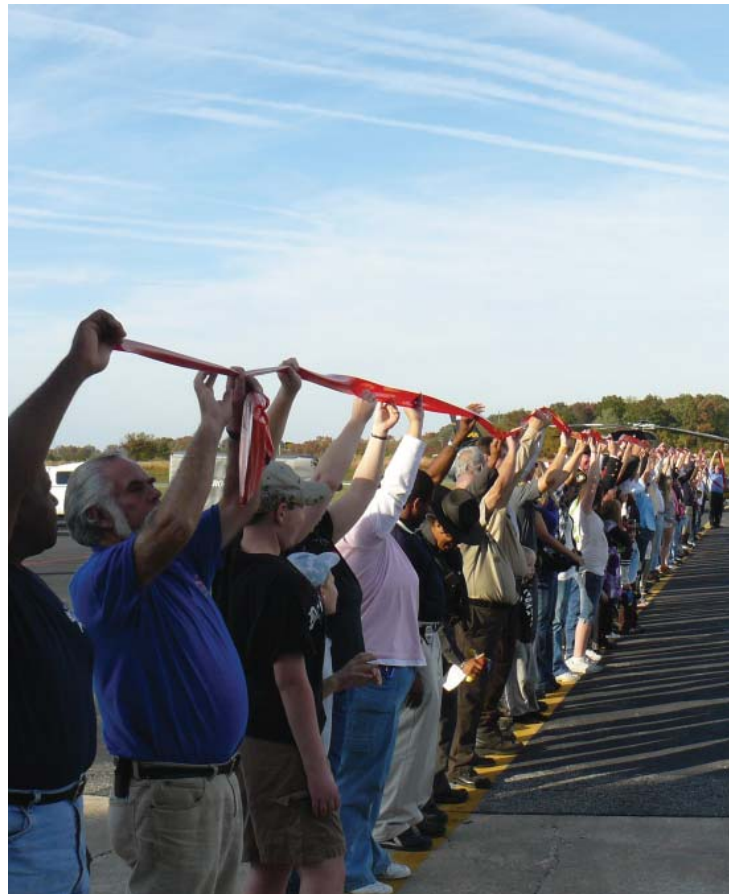
## 7th Annual Kent Island Elks Drug Awareness/Safety Day

Terry Ober, Safety Day Chairman and Kent Island Elks Drug Awareness Chairman, was proud to present the annual event offered free to the public to bring attention to the Elks programs benefiting the community, along with safety messages and information from over sixty displays involving the military, law enforcement, emergency services, fire departments along with local, county and state agencies from Queen Anne's County as well as surrounding counties on Maryland's Eastern Shore. This year's event honored our Veterans as well as local law enforcement officers. The highlight was honoring seven police officers for their efforts in the field of Drug Prevention eradicating drug abuse from our homes, schools, communities and nation.



The National Enrique Camarena Award nominees are:  
Deputy First Class Jeremy Gardner, Queen Anne's County Office of the Sheriff - nominated through the Kent Island Elks Lodge  
Officer David Bahr, Maryland Transportation Authority Police -nominated through the Annapolis Elks Lodge  
Sergeant Jeffrey Merritt, Crisfield Police Department - nominated through the Crisfield Elks Lodge  
Deputy First Class Timothy Connors, Talbot County Sheriff's Office - nominated through the Easton Elks Lodge  
Officer Mark Schmidt, Laurel City Police Department - nominated through the Laurel Elks Lodge  
Trooper First Class Eric Pertain, Maryland State Police, Centerville Barrack - nominated through the Kent Island Elks Lodge  
Deputy First Class Jennifer Hall, Wicomico County Sheriff's Office - nominated through the Salisbury Elks Lodge  
Sheriff Gary Hofmann, Queen Anne's County Office of the Sheriff - presenting awards  
Ben Stone, Maryland, Delaware and District of Columbia Elks Association, State Drug Awareness Chairman - presenting awards

The Elks Red Ribbon Campaign was celebrated at 4:25 pm concluding the Safety Day event which was highlighted with the performance from the Old Guard Fife and Drum Corps.



## QAC Arts Council November Calendar

November 5 through 30: Artwork from Suzhou China - Landscapes, calligraphy, relief printing, modern, portraiture, and ink wash are represented by some of China's finest artists. Shen Minyi, Xu Huiquan, Sun Junliang, Zhang Xiaofei, Chen Huibin, Qi Chunlan, Dai Yunlaing and Chen Jianjun, join us for this spectacular exhibit. Artists will come to Queen Anne's County on November 3 and stay through November 6 to kick off their month-long exhibit which will be held in the Centre of the Arts, 206 S. Commerce St., Centreville, MD. 410.758.2520, [www.arts4u.info](http://www.arts4u.info). This exhibit is made possible through partnership with the Eastern Shore Sister County International Council. [www.easternshore-scic.org](http://www.easternshore-scic.org).

November 5: Technique, Style and Culture: Brown bag lunch 11 am – 2 pm. Meet visiting artists from Queen Anne's County's sister county, Suzhou District, China. Meet the artists, enjoy a pre-preview of their exhibit, and join in on a discussion of the processes for creating their work at the Centre for the Arts, 206 S. Commerce St., Centreville, MD, [www.arts4u.info](http://www.arts4u.info). Question and answer period throughout. Advance registration only. \$9 includes lunch. Call for details. 410.758.2520. This event is made possible through partnership with the Eastern Shore Sister County International Council. [www.easternshore-scic.org](http://www.easternshore-scic.org).

November 5: Reception – Artists of Suzhou China, 6 – 8 pm. A month long display of stunning artwork by noted artists of Suzhou, China, Queen Anne's County's sister county. View artwork and meet the artists at a public reception at the Centre for the Arts, 206 S. Commerce St., Centreville, MD. 410.758.2520, [www.arts4u.info](http://www.arts4u.info). The Arts Council is interested in having Mandarin speaking guests join us for the exhibit reception and other activities to help with translations. Please call the Council for details. This exhibit is made possible through partnership with the Eastern Shore Sister County International Council. [www.easternshore-scic.org](http://www.easternshore-scic.org)

November 6: The Fitzmaurice Band - Don't miss this fast rising star in the music industry. Fitzmaurice performs progressive Bluegrass and contemporary country music with energy and style. Held at the Centre for the Arts, 206 S. Commerce St., Centreville, MD. 7 p.m., tickets are \$30 advance / \$35 door and include an after concert party with the band. Visit The Fitzmaurice Band website at [www.fitzmauriceband.com](http://www.fitzmauriceband.com). For more information call 410-758-2520. [www.arts4u.info](http://www.arts4u.info).

November 6 & 13: Organizing Your Digital Photographs: ages 16+ 9 a.m.-4 p.m., Learn techniques in storing and retrieving digital photos with award winning photographer Don Dement. Register by 10/29. \$99 members, \$110 non members. Centre for the Arts, 206 South Commerce St., Centreville, MD. 410.758.2520. [www.arts4u.info](http://www.arts4u.info)

November 10 – December 8: Ballroom Dance: Beginner Latin Intro: Merengue, Salsa & Cumbria ages 14+: 6-6:50 p.m. Diego Guzman of Dancing on the Shore provides a sample of Latin Ballroom, beginner level instruction. Register by 11/3. \$50 members, \$55 non members. Centre for the Arts, 206 S. Commerce St., Centreville, MD. 410.758.2520. [www.arts4u.info](http://www.arts4u.info).

November 10 – December 8: Ballroom Dance: Beginner Bolero ages 14+: 8-8:50 p.m., Amanda Showell teaches this slow dance perfect for parties and clubs. Register by 11/3. \$50 members, \$55 non members. Centre for the Arts in Centreville, 206 S. Commerce St., Centreville, MD. 410.758.2520. [www.arts4u.info](http://www.arts4u.info).

November 13: Dance Party. 8-10:30 p.m. Come as you are, bring a friend and start the holiday season with some steamy Latin dances. Early bird Rumba Lesson from 7-8 p.m. Held at the Centre for the Arts, 206 S. Commerce St., Centreville, MD. 410.758.2520. \$10 members/\$12 non members. 410.758.2520.

November 26 – December 24: Yoga for All Ages. 9:30-10:30a.m. Connect your mind and body with a blend of power and Hatha yoga taught by fitness instructor, Pam Thaxton. Register by 11/19. \$50 per student. Centre for the Arts, 206 S. Commerce St., Centreville, MD. 410.758.2520. [www.arts4u.info](http://www.arts4u.info).

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